

Understanding Your Periodontal Treatment

1. Dental Implants

A titanium post is surgically placed into the jawbone to serve as an artificial tooth root. After healing, a custom crown is placed on the implant to restore function and aesthetics.

What to Expect:

Healing time: 3-6 months for bone integration.

Possible swelling and discomfort for a few days.

Avoid chewing directly on the implant site until fully healed.

2. Bone Graft

Bone grafting is performed to restore lost bone and provide a stable foundation for implants or other dental restorations.

What to Expect:

Healing time: Several months for full bone integration.

Possible swelling and mild discomfort.

Follow dietary restrictions to prevent disruption of the graft.

3. Implant Exposure (Second Stage Surgery)

Once the implant has integrated with the bone, a minor procedure is done to expose the implant and place a healing abutment to prepare for the final crown.

What to Expect:

Mild soreness for a few days.

Healing abutment remains in place until the final restoration.

4. Gum Graft

A gum graft is performed to cover exposed tooth roots, enhance gum tissue, and improve aesthetics and function.

What to Expect:

Healing time: 2-4 weeks.

Avoid brushing the surgical site; use a prescribed rinse instead.

Soft food diet recommended for a few days.

5. Sinus Lift

A sinus lift is performed to create additional bone height in the upper jaw for implant placement.

What to Expect:

Healing time: 4-6 months before implant placement.

Avoid blowing your nose or sneezing forcefully.

Swelling and minor bleeding may occur.

6. Ridge Augmentation

Reconstructs lost bone structure to enhance aesthetics and provide support for implants or dentures.

What to Expect:

Healing time: Several months for full bone regeneration.

Soft diet and gentle oral care recommended.

7. Guided Tissue Regeneration (GTR)

A procedure that encourages the growth of supporting structure for natural teeth with various bio materials.

What to Expect:

Healing time: Several months.

Avoid disturbing the surgical site.

Follow-up visits are required to monitor healing.

8. Scaling and Root Planning

A deep cleaning procedure that removes plaque and tartar from below the gumline and smooths the tooth roots to help gums reattach.

What to Expect:

Mild soreness and sensitivity for a few days.

Improved gum health with continued oral care.

Regular follow-up visits may be needed to monitor progress.

9. Osseous Surgery

A procedure to treat deep periodontal pockets and to help resolve gum disease and inflammation.

What to Expect:

Healing time: 2-4 weeks

Light rinsing with warm salt water only for 2 weeks.

Temporary minor sensitivity.

10. Crown Lengthening

A procedure to extend the length of a tooth to allow for ideally designed crowns with high esthetics and gum health.

What to Expect:

Healing time: 2-4 weeks

Light rinsing with warm salt water only for 2 weeks.

Temporary minor sensitivity

Contact Information:

If you are having an emergency or concerns, please reach us at

email: Office@dentalartsofwestwood.com

Phone Number During Office Hours: (781)733-9378

After Hours: (781)686-3284